# **Planet Ayurveda**<sup>™</sup> Holistic Healing Through Herbs

# HERBAL TEAS







### **100 % HERBAL CAFFEINE FREE EXOTIC HERBAL TEA**



**Healthy You** 

- ➢ Rich source of natural CO−Q10
- Helps maintain Blood Pressure
- Lowers Cholesterol levels
- Strengthens Heart Muscles
- Improves Energy, Stamina and cardiovascular strength

### **INGREDIENTS**

Arjuna, Punarnava, Pipal Tvak, Dalchini, Chhoti Elaichi

### **HOW TO USE**

See preparation method on the pack. Ideal to use 1 to 2 cups a day.





### A BLEND OF PURE HIMALAYAN HERBS FOR COMPLETE DETOXIFICATION

- Complete Detoxification without any side effects
- Best Anti-Aging Herbal Tea
- Prevents Heart Problems
- Reduces Bad Cholesterol, Improves Good Cholesterol
- Cleanses the liver naturally
- > 100 % natural and free from caffeine,

chemicals and artificial colors and tastes

### **INGREDIENTS**

Taruni, Arjuna, Bhumi Amla, Punarnava, Saunf, Bari Eliachi, Dalchini, Chhoti Eliachi



# **Planet Ayurveda**<sup>™</sup> Holistic Healing Through Herbs

# SINGLE HERBAL CAPSULES





## ALOE VITALS CAPSULES NATURE'S BEST SOURCE OF ENERGY AND HEALING PROPERTIES



- Aloe vera is a wonderful herb for skin disorders.
- It helps nourish the skin and rejuvenate it.
- ➢ It is rich in anti-oxidants and helps remove toxins from the body.

Regular intake of Aloe vera juice helps reduce acid reflux.

### INGREDIENTS

Ghrit Kumari



1-2 capsules twice daily



### **AMALAKI RASAYAN** NATURE'S BEST SOURCE OF NATURAL VITAMIN C



- ➢ Reduces cholesterol and cholesterol- induced atherosclerosis (obstruction of the arteries).
- ➢ Fights chronic diseases like hypertension, diabetes, AIDS, influenza, chronic cough & cold.
- Regular Use improves immunity, fights cancers and rejuvenates the body.
- Best Anti-aging supplement to prevent wrinkles and pre-mature graying of hair.

**INGREDIENTS** 



Amla

1-2 capsules twice daily



# **ARJUNA CAPSULES** BEST HERBAL SUPPLEMENT FOR HEART PROBLEMS



- Very useful natural cure for Heart Problems.
- Helps in clearing away the blockage in the arteries.
- Useful in blocked coronary arteries, high cholesterol and congestive heart failure.
- Improves pumping activity of heart, improves cardiac muscle strength and decrease in LDL, TRIGLYCERIDES, VLDL cholesterol levels.
- > Improves HDL Levels naturally.

INGREDIENTS



Arjuna

1-2 capsules twice daily



# **ASHWAGANDHA CAPSULES** EFFECTIVE STRESS RELIEF HERBAL SUPPLEMENT



Best Stress Buster even known.

Useful in debilitating conditions, fatigue, stress, anxiety, palpitation, ageing and nervous breakdown.

Effectively acts as a nerve tonic, enhances physical as well as mental stamina.

> Brings the strength back to muscles, relieves the muscles and calm down the system.

### INGREDIENTS



Ashwagandha

1-2 capsules twice daily



# **BRAHMI CAPSULES**

### **MOST EFFECTIVE MEMORY BOOSTING HERBAL SUPPLEMENT**



World famous for its memory enhancing properties.

Increases the coordination in between brain neurons thus helps in improving short term as well as long term memory.

Increases concentration, stamina and helps in mental fatigue.

> Also used in treatment of many other ailments like vertigo, anxiety, stress and blood pressure.

### INGREDIENTS

### DOSAGE

Brahmi

1-2 capsules twice daily





Rich in natural antioxidants.

\*Curcuminoids (not less than 95%) in 500 mg Veg Capsule\*

INGREDIENTS



Haridra

1-2 capsules twice daily

# **CURCUMIN CAPSULES** A COMPLETE HEALTH PACKAGE BY NATURE



- > A natural herb that acts wonderfully over all type of Arthritis.
- > Curcumin works very well on the skin disorders.
- It is a well known anti-aging supplement
- Curcumin acts best in cases of inflammations for all organs

> Nature's boon for patients suffering with Allergies of all types, Diabetes, Alzhimer's, Cancers, indigestion, IBS, diarrhea and dysentery and so on, list is endless.

### INGREDIENTS

### DOSAGE

Haridra

1-2 capsules twice daily



# **INDIAN ECHINACEA** NATURAL POWERFUL ANTI-VIRAL AND ANTI-BIOTIC



- A natural herb that works as a immune-stimulant and immune-booster.
- Works well as an anti-parasitic.
- Useful in common cold, gastritis, bowel disorders, and cancers.

Echinacea is a cardio-protective and anti-thrombotic agent.

### INGREDIENTS

Kalmegh

- DOSAGE
- 1-2 capsules twice daily



### FENUGREEK CAPSULES EFFECTIVE SUPPLEMENT FOR BREAST FEEDING & DIABETIC FEMALES



Used to increase milk supply by lactating mothers.

It used to promote weight gain and stimulate breast growth in women.

It is an effective herbal supplement for keeping sugar under control.

Most frequently used by diabetics to control blood sugar especially in females.

### INGREDIENTS

Methi

### DOSAGE

1-2 capsules twice daily



### **GARCINIA CAPSULES** NATURE'S MOST EFFECTIVE & SAFESTWEIGHT LOSS SUPPLEMENT



> Extensively researched for its role in reducing weight without any side effects.

Does not alter hormones or does not cause loosening of the skin.

Removes the stubborn deposits of cellulite from difficult areas like belly, hips and waist.

### INGREDIENTS

Garcinia cambogia

### DOSAGE

1-2 capsules twice daily



# **GARLIC CAPSULES** BEST SUPPLEMENT FOR HEALTHY LONG LIFE





A natural herb very helpful for cases of High Cholesterol and High Blood Pressure.

- It boosts Immunity naturally.
- Garlic Capsules are rich source of anti-viral and anti-bacterial properties.
- Very effective for Diabetic patients.
- Regular intake helps reduce the chances of Cancer.

### INGREDIENTS

### DOSAGE

Garlic

1-2 capsules twice daily



## **GILOY CAPSULES** BEST HERBAL SUPPLEMENT FOR SWINE FLU



INGREDIENTS

Guduchi

### Giloy is a wonderful anti-pyretic.

- It has anti-inflammatory properties.
- It helps cases of infection.
- > This Ayurvedic herb helps build strong immune system.





1-2 capsules twice daily

### **GOTUKOLA CAPSULES** BEST HERBAL REMEDY FOR ANXIETY, DEPRESSION AND MEMORY



- Useful in lack of concentration, low memory, exhaustion, stress, depression and anxiety.
- Improves circulation, causes alertness and helps in relaxation.
- Also used in the treatment of various skin diseases and varicose veins.

### INGREDIENTS

Gotu Kola



1-2 capsules twice daily



## **GUGGUL CAPSULES** EFFECTIVE HERBAL WEIGHT LOSS SUPPLEMENT



> Effective herbal weight loss supplement which helps to loose weight naturally.

**Planet** Avurveda

Planet Ayurved

Gu

Useful to remove stubborn fats deposited around waist, thighs and buttocks.

- Reduces high cholesterol from the arteries thereby cleaning them.
- > Also provides strength to the joints, nervous system and helps in fighting various degenerative, inflammatory and wear and tear conditions.

### INGREDIENTS



Guggul

1-2 capsules twice daily



# **GYMNEMA SYLVESTRAE** BEST HERBAL SUPPLEMENT FOR DIABETES & OBESITY



- Regarded as one of the plants with potent properties used for controlling obesity.
- Presence of Gymnemic acid results in low blood sugar level.

Known to have a good effect for curbing of diabetes by blocking sugar binding sites.

Increases secretion of insulin & causes inhibition of glucose absorption from intestine.

### INGREDIENTS



Gurmaar

1-2 capsules twice/ thrice daily





# **KARELA CAPSULES** BEST & EFFECTIVE DIABETES HERBAL SUPPLEMENT



Quiet popular diabetes supplement in Asia for its role in diabetes.

Improves blood sugar control in people with adult-onset (type 2) diabetes.

Restores the imbalance created due to uncontrolled sugar and prevents complications of diabetes.

Also prevents numerous infections leading to cancer and leukemia.

### INGREDIENTS

Karela (Bitter Melon)

### DOSAGE

1-2 capsules twice daily



## **NEEM CAPSULES** EFFECTIVE HERBAL SUPPLEMENT FOR SKIN PROBLEMS

Best herbal remedy for Acne as well as helps to clear acne scars as it is nature's best blood purifier.

Regular use cleans the skin and brings back the glow.

Relieves itching and pain, while reducing the scale and redness of lesions in Psoriasis.

Very effective herbal remedy for urticaria, eczema, eruptions and other skin problems.

### INGREDIENTS



1-2 capsules twice daily



#### WWW.PLANETAYURVEDA.COM

Neem

# PHYLLANTHUS NIRURI CAPSULES NATURAL STONE BREAKER AND HEPATO-PROTECTIVE



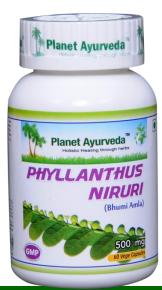
- > Herb for Urinary Calculi and Gallstones.
- Wonderful appetite stimulant.
- Helps in the proper functioning of Liver.
- The herb Phyllanthus niruri helps in cases of Hepatitis of all types.

### INGREDIENTS

#### Bhumi Amla ( Chanca piedra )

### DOSAGE

1-2 capsules twice daily



## **PUNARNAVA CAPSULES** BEST TREATMENT OF WATER RETENTION AND EDEMA



Best natural herb for maintenance of kidney functions.

It is a rejuvenative and also used in impaired urinary function.

Helps relieve water retention and aids in weight loss.

It helps to promote healthy liver functioning.
 Punarnava is also useful in ascites, congestive heart failure and swelling due to arthritis.

### INGREDIENTS

Punarnava

### DOSAGE

1-2 capsules twice daily



## **SHATAVARI CAPSULES** BEST HERBAL SUPPLEMENT TO IMPROVE OVERALL FEMALE HEALTH

Nature's best nourishing herb which is full of natural anti-oxidants and micronutrients.

Effective in fatigue, anxiety, general weakness and restlessness in females.

Useful in anemia, painful menstruation, uterine fibroids, ovarian cysts and irregular painful menstruation in females.

### INGREDIENTS

Shatavari

DOSAGE

1-2 capsules twice daily



# SHILAJIT CAPSULES

### NATURE'S BEST ANTI-AGING, YOUTH RESTORING COMPOUND



- > Works best for weakness due to any reason.
- The best supplement for both men and women for healthy, graceful aging.
- Nature's best gift to mankind.
- > Effective anti-aging and a powerful rejuvenator of body.
- ➢ High affinity for free radicals, thereby scavenges on them, halting the ageing process and restoring youthfulness.

### INGREDIENTS

Shilajeet

### DOSAGE

1-2 capsules twice daily



# **SPIRULINA CAPSULES**

### NATURE'S POWERHOUSE WITH MANY HEALTH BENEFITS



- > Boosts the immune system, energy levels and prevents aging.
- Prevents heart damage caused by chemotherapy.
- Reduces wear & tear in the body and maintains healthy cardiovascular functions.

> Spirulina is rich in natural proteins, vitamins, minerals, omega 6 fatty acids, chlorophyll and other phytonutrients.

Really a complete food supplement and gives numerous health benefits.

### INGREDIENTS



Spirulina

1-2 capsules twice daily



## **TRIBULUS POWER CAPSULES** AN EFFECTIVE MALE SEX ENHANCEMENT – 100 % NATURAL



- Very popular in western world as "Alternative to Viagra".
- > Helps cure Erectile Dysfunction.
- Helps improve Testosterone Levels, Stamina and Strength.
- Improves Sexual desire.
- Increases Sperm Count and Improves Quality of Semen.
- > Useful in Male Impotence, Infertility and PE.
- > Also works as natural diuretic and eliminates toxins.

### **INGREDIENTS**

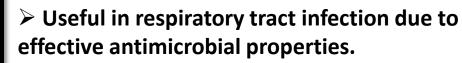
#### Gokshur (Tribulus terrestris)

1-2 capsules twice daily

DOSAGE



### **TULSI CAPSULES** EFFECTIVE HERBAL SUPPLEMENT FOR COLD AND LOW IMMUNITY



Ursolic acid present in Tulsi has anti-allergic properties.

> Useful in Cancers, Allergy, Auto-immune disorders, Diabetes, Skin allergies, Chronic Rhinitis and Chronic Sinusitis.

### INGREDIENTS

#### Tulsi (Holy Basil)

### DOSAGE

1-2 capsules twice daily







Most popular herb used for chronic Cough and Cold.

It works well in cases of Bronchitis.

Ayurvedic physicians use this herb for tuberculosis.

- > Vasaka helps people with intestinal worms.
- > The herb helps various skin diseases.

INGREDIENTS

Vasaka



1-2 capsules twice daily



# **Planet Ayurveda**<sup>™</sup> Holistic Healing Through Herbs

# POLY HERBAL CAPSULES





# **ALLER-G CARE CAPSULES**

### A VERY EFFECTIVE HERBAL SUPPLEMENT FOR ALLERGY



> Very effective in all types of Skin allergies and Respiratory allergies.

> Combination of natural herbs which are best anti-allergic and anti-inflammatory herbs.

The herbs remove accumulated toxins and also relieve the entire physiologic system.

### INGREDIENTS

Haridra, Neem, Shrish and Ashwagandha

#### DOSAGE

1-2 capsules twice daily, after meals.



### BONE SUPPORT CAPSULES STRONGER, HEALTHIER, STURDY BONES BY 100 % NATURAL FORMULA



> Contains Cissus quadrangularis – potent herb to improve bone density and strength.

Contains Pearl Calcium - Nature's best source of natural calcium.

Heals the fractures quickly



Stops Osteroporosis and enrich the bones with minerals

### INGREDIENTS

DOSAGE

Shudh Laksha, Suhanjana Beej, Hadjod, Arjun, Praval Pishti, Mukta

1-2 capsules twice daily, after meals.

# 

# BOSWELLIA+CURCUMIN CAPSULES EFFECTIVE COMBINATION OF ANTI - INFLAMMATORY HERBS





Very potent anti-inflammatory herbal combination.

Helps to reduce the pain and swelling in joints.

Reduces joint swelling and morning stiffness.

Increases mobility and reduces arthritic pain

**INGREDIENTS** 

Shallaki, Curcumin

### DOSAGE

1-2 capsules twice daily



## **BUSTONICA CAPSULES** FOR BOUNCY AND WELL TONED BUST LINE



- Increases size of underdeveloped breasts naturally
- Restores normal bust line of feeding mothers
- Gives beautiful shape to sagging breasts
- 100% natural and does not cause any hormonal imbalance

### INGREDIENTS

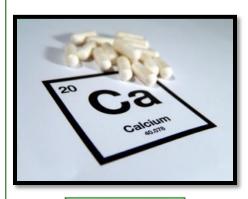
Vidarikand, Varahikand, Shatavari, Safed Musli, Lodhra

#### DOSAGE

1-2 capsules twice daily, after meals.



### **CORAL CALCIUM COMPLEX CAPSULES** RICH SOURCE OF CALCIUM FROM CORALS AND PEARLS



Nature's best formula to improve bone density and strength.

Contains Pearl and Coral Calcium - Nature's best source of natural calcium.

Helps fight Low Bone Density especially after menopause and elderly.

### CALCIUM

### INGREDIENTS

Parval Pishti, Akik Pishti, Jawar Mohra Pishti, Kamdhudha Ras, Mukta Pishti, Giloy Satva (Guduchi)

### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# DAILY ESSENTIALS CAPSULES

### **KEEPS YOU FIT FOR THE DAYS AHEAD!**



- > Rich in natural anti-oxidants to fight aging.
- Nature's best combination of immunity enhancing substances.
- Strongest blend for detoxification.
- Prevents wrinkles, premature graying of hair, indigestion and many illnesses.

### INGREDIENTS

Grapeseed, Cow Colostrum, Bhumi Amla, Green Tea

#### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# **DIA BETA PLUS CAPSULES** UNIQUE & EFFECTIVE HERBAL SUPPLEMENT FOR DIABETES



# **INGREDIENTS**

Saptarangi, Vizaysaar, Gurmar, Karela, Ashwagandha, Tulsi Best herbal remedy for Diabetes.

Helps to Rejuvenate overall health and bring back Stamina.

Prevents fluctuations of Sugar levels.

Prevents Diabetic Neuropathy and other complications.

### DOSAGE

1-2 capsules twice daily, with plain water, 30min. before meals.



# **DIA-FINITO CAPSULES** FIGHTS THE DRAGON OF DIABETES NATURALLY



> Works at molecular level to restore carbohydrate, protein and fat metabolism.

Regulates the secretion of Insulin from pancreas for better sugar control.

Prevents Diabetes complications like neuropathy, retinopathy, myopathy and nephropathy.



# INGREDIENTS

Saptrangi, Mamejiva, Sonth, Kali Marich, Pipal

### DOSAGE

1-2 capsules, 1 hr. after or before meals, with plain water twice daily



# **DIGESTION SUPPORT CAPSULES** EXCELLENT TO RESTORE DIGESTIVE HEALTH NATURALLY



- Digestion Support is purely a herbal formulation without any chemicals added into it.
- Blend of unique herbs control Acidity, Flatulence and Gas.
- Stimulates liver, pancreas and intestines to secrete digestive juices timely.

### **DIGESTIVE SYSTEM**

# INGREDIENTS

Amla, Haritaki, Bahera, Sounf, Dhania, Pippali, Jeerak

### DOSAGE

1-2 capsules twice daily in middle of meals with little water.



# FEMALE HEALTH SUPPORT CAPSULES NATURE'S GIFT FOR FEMALES



**FIT WOMEN** 

- Useful in female infertility
- Regulates menstrual cycles and relieves pain during menses
- Commonly used in excessive discharge (leucorrhoea) and excessive menstruation.
- Relieves pain during menstrual cycles
- Regulates hormonal imbalance

# INGREDIENTS

Ashoka, Shatavari, Lodhra

## DOSAGE

1-2 capsules twice daily after meals.



# **GREEN ESSENTIALS CAPSULES** DAILY GREENS ON THE GO!



**ANTI AGING** 

- > Clears away heavy metals, toxins from the body.
- > Prevents aging, fights illnesses, clears free radicals.
- Rich in natural Iron, B Complex vitamins, Vitamin C and natural anti-oxidants.
- Helps in healthy blood formation.
- Regulates hormonal imbalance

# INGREDIENTS

Grape Seed, Wheat Grass, Spirulina, Alfa Alfa, Green Tea, Amla, Chlorella

### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# **GUGGULIPID CAPSULES**

### **EFFECTIVE HERBAL SUPPLEMENT IN LOWERING CHOLESTEROL**



> Useful in lowering the cholesterol levels and reduces pain naturally.

> Benefit in preventing and treating atherosclerotic vascular disease (Heart disease).

Also useful in Coronary Artery blockages,
 Venous Thrombosis and Inflamed Blood vessels
 (Vasculitis).



Very useful anti inflammatory and pain relieving herb.

# INGREDIENTS

### DOSAGE

Guggul Resin, Dalchini, Bhumi Amla, Sonth, Marich, Pippali 1 capsule once or twice daily



# HAIR GROWTH FORMULA CAPSULES PROMOTES RICH HAIR GROWTH, HELPS THE RECEDING HAIR LINE



> Very effective in treating hair loss and the underlying conditions that cause hair loss.

Improves circulation to the head/scalp.

Helps to regenerate new hairs by bringing in new hair roots.

> Keeps testosterone & DHT levels under control, which are responsible for male pattern baldness.

# INGREDIENTS

Yashtimadhu, Ashwagandha, Bhumi Amla, Bhringraj, Amalaki, Brahmi DOSAGE

1-2 capsules twice daily



# **HEART BURN CAPSULES**

# **GUARANTEED RESULTS IN STUBBORN ACIDITY**



> Natural combination for stubborn acidity and GERD.

Neutralizes the acid within few minutes

> Natural cooling effects as it contains Pearls and Corals (Purified).



> Age old combination used by Ayurvedic experts worldwide.

# INGREDIENTS

Parval Pishti, Akik Pishti, Jawar Mohra Pishti, Kamdhudha Ras, Mukta Pishti, Giloy Satva (Guduchi)

### DOSAGE

1-2 capsules, 1 hr. before meals, with plain water



# **IMMUNE MAGIC CAPSULES**



# NATURAL IMMUNE BOOSTER

- Builds long lasting immunity in children, elderly, females and adults
- Immunity wall for the whole family
- Protects against free radicals, aging, chemicals, pesticides, recurrent infections
- Cleanses the system of toxins

# INGREDIENTS

Grapeseed, Cow Colostrum, Bhumi Amla, Green Tea 1-2 capsules, 1 hr. after meals, with plain water

DOSAGE



# JOINT AID PLUS CAPSULES

### NATRUAL HERBAL BLEND TO FIGHT JOINT PAINS & INFLAMATION



> Works quickly and excellent alternative to pain killers without any side effects.

Purely natural product for all types of painful and inflammatory conditions.

Osteoarthritis, Rheumatoid arthritis,
 Tonsillitis, Psoriatic Arthritis, Neck Pain,
 Back Pain, Knee and Shoulder Pain

# INGREDIENTS

Nirgundi, Sallaki, Guggul, Sonth, Ashwagandha

### DOSAGE

1-2 capsules twice to thrice daily depending upon severity of the condition.



# **LIVER DETOX FORMULA CAPSULES** EFFECTIVE SUPPLEMENT FOR NATURAL LIVER DETOXIFICATION



> Digestion is improved leading to proper digestion and assimilation of nutrients and removal of toxins.

> Better sugar control and controlled levels of cholesterol achieved naturally.

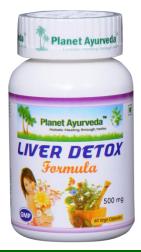
It helps filter the cancer producing toxins and eliminates most of the harmful drugs.

# INGREDIENTS

Katuki, Punarnava, Kalmegh, Makoy, Kasni, Biranjasipha, Jhavuka, Himsra, Haritaki

### DOSAGE

1-2 capsules twice daily



# **MALE SUPPORT FORMULA** EFFECTIVE HERBAL TONIC FOR SEXUAL WELL BEING



- Best herbal combination for Erectile Dysfunction, Sexual Weakness in men.
- Increases the male stamina and ejaculation time.
- Controls Premature Ejaculation and Low Sperm Count in men.
- Very much effective for men suffering with Chronic Fatigue Syndrome.

# **INGREDIENTS**

SAXUAL HEALTH

Ashwagandha, Shilajit, Gokshur

### DOSAGE

1 to 2 capsules twice daily



# **MEMORY SUPPORT FORMULA** BEST HERBAL SUPPLEMENT TO ENHANCE MEMORY



Best Herbal Supplement to increase Memory and to overcome stress & anxiety.

> One of the best natural sleep inducing & memory enhancing herbal combination.

➢ Herbs in Memory Support relieve mental stress, controls blood pressure and improves mind's ability.

# **INGREDIENTS**

MEMORY

**ENHANCEMENT** 

Brahmi, Vacha, Shankhpushpi, Licorice

## DOSAGE

1 to 2 capsules twice daily



# **PILE-OFF CAPSULES** SHRINKS OFF THE BRISTLY PRICKLY CACTUS OF PILES



PILES

- Pile OFF shrinks off the Piles mass naturally.
- Relieves the pain, stinging feeling and inflammation.
- Helpful in both bleeding and non-bleeding types.
- Buries the demon of Piles naturally.
- Stops Bleeding
  Shrinks Piles

# INGREDIENTS

Haridra, Trikatu, Sajji Kshaar, Nagkeshar, Chhoti Harar

### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



PITTA BALANCE CAPSULES

# NATURAL BALANCER OF FIRE ELEMENT



- > Balances the fire element in the body.
- Useful in Blood Pressure.
- Unusual heat feeling in the body.
- > Acidity / Heart burn.
- Burning feet and hands.
- Unexplained headaches.

# INGREDIENTS

**HEART BURN** 

Parval Pishti, Akik Pishti, Jawar Mohra Pishti , Kamdhudha Ras, Mukta Pishti, Giloy Satva (Guduchi)

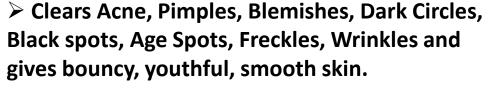
### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# **RADIANT SKIN HAIR NAILS CAPSULES** FOR HEALTHY, RICH SKIN, HAIR AND NAILS





Fights skin disorders like psoriasis, impetigo, lichen, ringworm, athelet's foot and so on.



Nourishes and repairs broken, damaged hair.

# INGREDIENTS

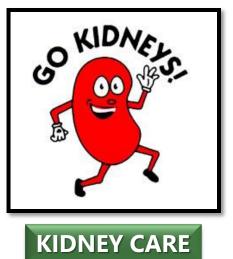
Manjishtha, Pitt Papda, Chiretta, Ghrit Kumari

### DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# **RENCURE FORMULA CAPSULES** EFFECTIVE & NATURAL KIDNEY CARE SUPPLEMENT



- Best natural way to clear toxins from the body.
- > Helps to reduce Urea and Creatinine level.

It clears away the obstruction in the urinary tract and is also acts as anti-infective.

> An effective formulation for Kidney Failure Patients.

# INGREDIENTS

Punarnava, Varun, Gokshur, Palaash, Kaasni

## DOSAGE

1-2 capsules twice daily



# **RENCURE PLUS CAPSULES**

## **BEST KIDNEY CARE HERBAL SUPPLEMENT**



INGREDIENTS

- Rencure Plus is an advanced version of our another product – Rencure Formula.
- The product helps to improve performance of kidneys and help them to function in a better way, without putting any burden on them.
- It helps in other kidney diseases like kidney stones, uretheral strictures, gout, natural diuretic and so on.

## DOSAGE

1-2 capsules twice to thrice daily



Bhumi Amla, Mooli Satva, Revandchini, Kalmegh, Chiraita

# SLEEP NATURAL CAPSULES NATURAL SLEEP PROMOTER, NO SIDE EFFECTS!!!



Insomnia or sleeplessness has become very common in today's stressful world.

The Sleep Naturals contain ingredients like Withania somnifera, which help to induce natural sleep.



The herbal pills are 100 % natural and non-habit forming.

# INGREDIENTS

Ashwagandha, Tagar, Jatamansi, Shankhpushpi, Bramhi, Vacha, Sarpgandha

### DOSAGE

2 capsules at night before sleep.



# **STRESS SUPPORT CAPSULES** AN EFFECTIVE STRESS RELIEF FORMULA GIFTED BY NATURE



> A powerful combination to relieve stress without side effects or drowsiness.

Contains adaptogenic herbs which adapt the mind to fight stress.

Improves memory and mental concentration.

### INSOMNIA

# INGREDIENTS

Ashwagandha, Tagar, Brahmi

### DOSAGE

1-2 capsules twice daily depending upon severity of the condition.



# **TOTAL HEART SUPPORT** HERBAL SUPPLEMENT FOR HEART CARE



Very effective, safe and natural herbal supplement for Heart Care.

Keeps Blood Pressure and Cholesterol under control.

Gives strength to the heart and helps in cleansing of the arteries.

Very useful in many heart ailments like Congestive heart failure, Angina and Myocardial infarction.

# INGREDIENTS

Arjuna, Ashwagandha, Brahmi, Shankhpushpi

## DOSAGE

1-2 capsules twice daily



# **TRIM FORMULA** OUICK & EFFECTIVE HERBAL REMEDY FOR WEIGHT LOSS



> Unique combination of most effective herbs for reducing weight naturally.

Helps reduce the fat and weight in a comfortable way.

Product alone is sufficient to fight obesity and with quicker results.

Herbs help to burn the fats in the body tissues quickly.

## INGREDIENTS

Vrikshamal, Mustak, Triphala

DOSAGE

1-2 capsules twice daily



# TRIPHALA CAPSULES BEST REMEDY FOR NATURAL COLON CLEANSE





> Improve functioning of digestive system by clearing the blockage of channels.

> Helps improve digestion process and alleviate the symptoms of headache.

Promotes overall healthy balance, both physically and psychologically.

Helps treating inflammatory complications, liver problems, ulcers, constipation and diarrhea.

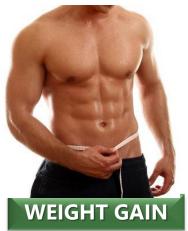
## INGREDIENTS

### Haritaki, Bhibhtaki, Amalaki

**DOSAGE** 1-2 capsules twice daily



# **WEIGHT GAIN FORMULA** EFFECTIVE FOR GAINING WEIGHT NATURALLY



Regulates body metabolism and helps to gain body weight in a very natural way.

Improves muscle tone, muscle weight & size and converts excessive fats into muscles.

Improves health, stamina and vigor of a person.

# INGREDIENTS

Ashwagandha, Vidanga, Haritaki, Vibhitak, Amalaki, Saunf, Pippali, Jeerak

### DOSAGE

1-2 capsules twice daily



# YOUTH RESTORA NATURE'S GIFT FOR STAYING YOUNG & FIT



PREVENT PREMATURE AGING

# INGREDIENTS

Grapeseed, Cow Colostrum, Bhumi Amla, Green Tea

Fights aging phenomenon.

Helps to maintain youthful state of body.

> Prevents Premature aging, Premature graying of hair, Stops Hair loss.

Clears away the wrinkles.

Improves natural immunity.

### DOSAGE

1-2 capsules twice daily, 1 hr. after meals, with plain water



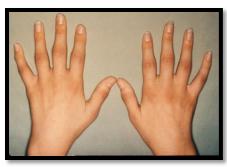
# Planet Ayurveda<sup>™</sup> Holistic Healing Through Herbs

# HERBAL POWDER FORMULATIONS





# **AAMVATANTAK CHURNA** HERBAL FORMULA FOR RHEUMATOID ARTHRITIS AND PAINFUL JOINTS



> Unique herbal combination for arthritis as best anti-inflammatory and detoxifying herbs.

Planet Ayurved

आमवातांतक चणे

Aamvata

Effective alternative remedy for crippling Rheumatoid arthritis and joint pains.

Reduces inflammation, swelling and joint pains.

# INGREDIENTS

Ashwagandha, Haridra, Methi, Suranjan, Gorakhmundi, Sonth DOSAGE

1/2 to 1 teaspoonful twice daily, after meals with plain water Kumari Saar (Aloe Vera juice )



# **GUM CARE POWDER** EXCELLENT HERBAL FORMULA FOR GUM CARE



Based on an excellent herbal formula, called "Dasham Sanskar Churna" treats tooth and gum problems.

Brightens tooth luster and make for a healthier mouth.

Prevents tooth decay.

# **INGREDIENTS**

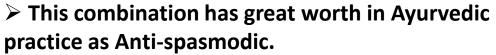
Sonth, Haritaki, Mustak, Khadir, Karpur, Poog, Marich, Lavang, Twak, Safatika

# **DIRECTIONS FOR USE**

It is recommended to use Gum Care Powder once or twice daily as oral rinse and dentifrice to cleanse and refresh gums. It can also be used instead of toothpaste.



# **HAKAM CHURNA** RESTORES FLEXIBILITY NATURALLY



> Hakam Churna has an ability to retrieve the normal digestion thereby putting a stop to Vata disturbance.

Very useful in Painful Joints, Stiff Joints, Morning Stiffness, Back ache.

Best natural supplement for Rheumatoid Arthritis, Osteoarthritis, Cervical Spondylitis and other inflammatory painful conditions.

### **INGREDIENTS**

Chandershoor, Kalonji, Methi, Ajwain

### **HOW TO USE** Take 3-5 gm of powder with hot water twice daily



# KAAS-HAR CHURNA VERY EFFECTIVE HERBAL REMEDY FOR COUGH & COLD



Effective herbal remedy for the treatment of cough.

Acts as a bronchodilator, decongestant and expectorant.

Helps in removing extra mucus from the respiratory tract.

## INGREDIENTS

Sita (Mishri), Vanshlochan, Pippali, Ela, Dalchini

### DOSAGE

1 to 2 teaspoonfuls twice or thrice a day mixed with honey



# **MADATYAHAR CHURNA** BEST NATURAL HANGOVER SUPPORT FORMULA



- Good to prevent hangover if consumed with alcohol.
- An effective traditional anti-hangover remedy.
- Also helps in chronic alcoholism.
- Prevents Liver Damage due to alcohol consumption, if used with our another preparation "Yakrit Plihantak Churna".

# INGREDIENTS

Sovarchal, Shwet Jeerak, Vrikshamal, Amalvetas, Twak, Ela, Marich, Sharkara

### DOSAGE

1-2 teaspoonful twice daily, with water or iced tea or flavoured juice, after meals.



# **MEDHYA CHURNA** EXCELLENT HERBAL COMBINATION OF MEMORY BOOSTING HERBS



Best supplement to improve memory, recollect things, Concentration and retain better.

> It works miraculously to relieve stress and anxiety.

These natural herbs are known to rejuvenate the nervous system.

# INGREDIENTS

Vacha, Ashwagandha, Ajmoda, Shwet Jeerak, Krishna Jeerak, Sonth, Marich, Pipali, Patha, Shankhpushpi, Brahmi

### DOSAGE

1 to 2 teaspoonfuls twice a day with plain water



# **NATURAL GLOW POWDER** HERBAL FACE PACK FOR BEAUTIFUL & FLAWLESS HEALTHY GLOWING SKIN



Contains 100% Natural ingredients like Fuller's mud, Orange Peel and others.

Freedom from Pimples and Acne forever.

Best herbal blend that can be used as a Face Pack or Face Scrub.

Promotes Healthy Glowing Skin.

# **INGREDIENTS**

Chandan, Multani Mitti, Haridra, Cucumber Seeds, Orange Peel

### **HOW TO USE**

Use as a other face pack or face scrub.



# **PRADARANTAK CHURNA** EFFECTIVE HERBAL FORMULA FOR FEMALE HEALTH



- > Useful for Leucorrhea, Excessive Bleeding and PMS.
- Effective in painful menstruation and irregular menses and leucorrhoea.
- Excellent natural formula for Uterine Fibroids and Dysfunctional Uterine Bleeding.

Regular use leads to leads to reduction in Irritability, Heaviness in Breasts, painful legs, fatigue and lethargy.

# INGREDIENTS

Lodhra, Ashok, Udumbur, Arjuna

## **HOW TO USE**

1-2 teaspoonful twice daily, with water or iced tea or flavored juice, after meals



# VARA CHURNA

# **EFFECTIVE HERBAL SUPPLEMENT FOR COLON CLEANSE**



Best herbal remedy for constipation and an effective colon cleanse formula.

Gives nutrition to the whole body and eliminates the toxins from within the body.

Does not cause purgation and also strengthens the intestines.

Also corrects the liver metabolism in the liver and helps the body in removing fat deposits.

# INGREDIENTS

Pathya, Dhatri, Bhibhitaki

## **HOW TO USE**

1-2 teaspoonful twice daily, after meals with plain or luke warm water



# VATSAKADI CHURNA

# **STRENGTHENS DIGESTIVE SYSTEM NATURALLY**



Nature's best herbs to check Diarrhea, Gas formation and Irregular Bowel Movements.

- Contains 'Kutza' and other effective
- herbs for digestive system.
- Useful if Crohn's Disease, Ulcerative colitis, fermentation and abdominal discomfort.

# INGREDIENTS

Kutaz, Bilva, Saunf, Dhania, Nagarmotha, Anar, Chhoti Eliachi, Jaiphal

# **HOW TO USE**

1-2 teaspoonful with plain water after meal



**ATIRASADI CHURNA** POTENT HERBAL FORMULA FOR ALL MALE SEX HEALTH CONCERNS



 Potent combination of rejuvenating herbs used for stamina, strength, sex problem, erectile dysfunction and premature ejaculation in males.
 Increases sperm count very quickly and useful in male infertility.

> Very useful to improve semen quantity and quality.

# INGREDIENTS

Safed Musli, Kali Musli, Semal Musli, Gokshur, Shatavari, Ashwagandha, Akarkarabha, Vidarikand, Vrahikand, Safed Behman, Jaiphal /Javitri, Talmakhana, Kesar

# DOSAGE

1-2 teaspoonfuls twice daily, with plain water after meals.



# **MADHUMEHANTAK CHURNA** POTENT HERBAL FORMULATION FOR DIABETES



Most effective herbal combination for diabetes and its complications.

Herbs act together in a synergistic manner and effective in lowering the blood sugar levels naturally.

Herbs also provide general strength to the body.

# INGREDIENTS

Saptrangi, Vizaysaar, Bilva Patra, Gurmaar, Daruhaldi, Neem Patra, Methi, Jamun, Karela, Tulsi, Sadabahar, Babool

## DOSAGE

1 to 2 teaspoonful twice daily, 1/2 hour before meals, with plain water.



# MUTRAKRICHANTAK CHURNA

# **EFFECTIVE HERBAL FORMULA FOR CHRONIC KIDNEY FAILURE**

- > Wonderful herbal formula for chronic kidney failure patients.
- Useful in kidney stones, urinary tract infections, high uric acid, high urea and creatinine levels.
- Useful to lower down increased urea and creatinine levels.

# INGREDIENTS

Varun, Punarnava, Gokshur, Kaasni, Bhumi Amla, Shirish, Shigru, Apamarg

## DOSAGE

1 to 2 teaspoonful twice daily, 1/2



# **NAVKARSHIK CHURNA** BEST EFFECTIVE HERBAL FORMULA FOR GOUT & INFLAMED JOINTS



> Anti-gout herbal formula providing quick relief and also works at the root level of the disease.

Helps in cleansing the blood, breaking uric acid crystals and clearing them away.

> Herbs lowers down Uric Acid naturally.

# **INGREDIENTS**

Amla, Haritaki, Bahera, Vacha, Neem, Manjistha, Katuki, Giloy, Daruhaldi

## DOSAGE

1/2 to 1 teaspoonful twice daily, with plain water or fruit juice, after meals



# NARI KALYAN CHURNA IMPROVES VITALITY, ENERGY AND MOOD NATURALLY – BEST HERBAL SOLUTION FOR MENOPAUSE



 Best herbal supplement for Menopausal phase.
 Useful for General weakness, Stress, Anxiety and Blood Pressure in Females.

Relaxes tensed mind and improves memory in females.

It is a must for Young girls & females having lack of nutrition.

Best herbal solution for Low Bone Density in females.

# INGREDIENTS

Ashwagandha, Shatavari, Brahmi, Jatamansi

## **HOW TO USE**

1 tablespoonful twice daily (5 grams twice daily), with warm water or milk

# 

# PRAANRAKSHAK CHURNA MOST EFFECTIVE ANTI-ALLERGIC HERBAL FORMULATION



Effective in chronic allergies and various respiratory tract infections.

Very effective in treating acute and chronic Asthmatic attacks.

> Useful in common cough, bleeding while coughing and also heals the inflamed respiratory tract.

# INGREDIENTS

Shirish, Kantkari, Vaasa, Anantmool, Dalchini, Dalchini, Mulethi

# **HOW TO USE**

1-2 teaspoonful thrice, with plain water after meals



# STHOLYANTANK CHURNA EFFECTIVE WEIGHT LOSS HERBAL FORMULATION

- Unique blend of various rare weight-loss herbs.
- Herbs act in a synergistic manner to help body get rid of extra fat.
- Used in conditions where the metabolism is sluggish such as hypothyroidism.

# INGREDIENTS

Mustak, Chirbilva, Chirbilva, Babool, Ashok, Triphala, Arjuna, Jamun, Vidang, Chitrak, Kalmegh, Dalchini, Sonth

## DOSAGE

1 tablespoonful twice daily, after meals with plain water or along with Kumari Saar [Aloe Vera Juice]



# YAKRIT PLIHANTAK CHURNA IMPROVES LIVER FUNCTION NATURALLY



- Removes excessive fat from the liver and helps in regeneration of the damaged liver cells.
- Increases the bile production and excretion from liver.
- Useful herbal remedy for fatty liver and liver cirrhosis, jaundice, liver damage due to alcohol, toxins and infections.

## **INGREDIENTS**

Bhumi Amla, Kalmegh, Bhringraj, Sharpunkha, Kaasni, Katuki, Makoy, Punarnava

## DOSAGE

1/2 to 1 teaspoonful twice daily, with plain water or fruit juice, after meals



# **Planet Ayurveda**<sup>™</sup> Holistic Healing Through Herbs

# PURE HERBAL JUICES







# WORLD'S RICHEST SOURCE OF NATURAL VITAMIN-C



- Clears Free Radicals.
- Improves Skin Texture.
- Improves immunity naturally.
- Natural Strength and Stamina Promoter.

Fights chronic diseases like Hypertension, High Cholesterol, Diabetes, AIDS, Influenza, Chronic Cough & Cold, Chronic Infections, Chronic Fatigue and Chronic Inflammatory conditions.

# INGREDIENTS

Amla

# DOSAGE

20-30 ml twice daily, empty stomach ( 6 Am & 6 PM) with equal water







Herbal Juice for Heart Care, High Cholesterol and Blood Pressure.

> Tones up and strengthens heart muscle and arterial system.

Useful in heart problems like Coronary Artery Disease, High Triglycerides, Congestive Heart Failure.



# **INGREDIENTS**

Arjuna

# DOSAGE

20-30 ml twice daily, empty stomach ( 6 Am & 6 PM) with equal water



# PURE BITTER GOURD + AMLA JUICE FOR DIABETES



Contains pure organically grown bitter gourds mixed with fresh Amla fruits.

Provides vitamins and minerals needed by our body for metabolism and assimilation of Sugar in our body.

Effectively used as antipyretic tonic, appetizer, stomachic and laxative.

Regular use prevents many complications such as hypertension, eye complications, neuritis and defective metabolism of carbohydrates.

# INGREDIENTS

Karela, Amla

# DOSAGE

20-30 ml twice daily, empty stomach ( 6 Am & 6 PM) with equal water



# **KUMARI SAAR** 100% PURE AND EFFECTIVE ALOE VERA JUICE



Contains Lipases and Proteases which break down foods and aids digestion.

Best quality Aloe Vera Juice in world without even a single drop of water.

- Clears the toxins from system.
- Clears the Skin.
- ➢ Full of Nutrients.

# INGREDIENTS

## DOSAGE

Aloe vera

20-30 ml twice daily, empty stomach ( 6 Am & 6 PM) with equal water

# **Planet Ayurveda**<sup>™</sup> Holistic Healing Through Herbs

# HERBAL JAM





# **BRAHMI CHAWYANPRASH** A HERBAL JAM FOR REJUVENATION OF MIND AND BODY



# INGREDIENTS

Very effective mental tonic and relieves anxiety & stress.

Useful in preventing ageing and damage due to blood pressure.

Meets the body's and mind's requirements of nutrition and energy.

Brahmi, Dashmool, Bala, Ashwagandha, Bhumiamla, Shatavri, Nagarmotha, Jeevanti, Punarnava, Jeerak, Vasaka, Vidarikand, Varahikand, Amla, Eliachi chhoti, Ghrit, Akarkara, Pippali, Naagkasar, Dalchini, Tejpata, Lavang, Kesar, Sharkara

## DOSAGE

2-3 teaspoonfuls twice daily, with or without milk any time.



# **Planet Ayurveda**<sup>™</sup> Holistic Healing Through Herbs

# CLASSICAL AYURVDIC VATIS (TABLETS)





# **AGNITUNDI VATI** HERBAL PILLS FOR ABDOMINAL PAIN



Excellent herbal remedy for weak intestines and gas formation.

Improves digestion, intestinal movement and secretions.

Used to relieve Intestinal colic, Renal colic and all types of Abdominal colics.

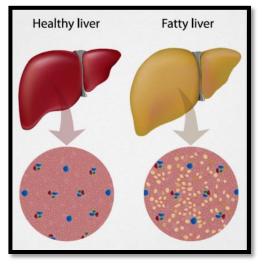
# INGREDIENTS

Haritaki, Bibhitaki, Marich, Pippali, Jeerak, Kuchala etc. DOSAGE

For Adult- 1-2 tablets twice daily. For Children- It should be 1 tablet twice daily.



# **AROGAYAVARDHNI VATI** EFFECTIVE HERBAL FORMULA FOR FATTY LIVER



Best herbal formulation for removing the toxins from the liver or Fatty Liver.

> Useful in clearing the accumulated bile, which is the leading cause of Jaundice.

Also effective to emulsify the bile and clearing the colon.

Also improves Immune System of our body, so it is good for Infections and Fevers.

## INGREDIENTS

Hareethaki, Amlaki, Shilajit, Kutki, Guggul etc.

# DOSAGE

1-2 tablets twice daily.



# **CHANDERPRABHA VATI** EFFECTIVE AYURVEDIC REMEDY TO INCREASE SEX DRIVE



Best herbal combination for Erectile Dysfunction and Premature Ejaculation.

> Causes a relaxation of tenseness and creates an open truthful atmosphere during sex.

Increase fat metabolism by increasing growth hormone to more youthful levels.

# INGREDIENTS

Cinnamomum camphora, Acorus calamus, Cyprus rotundus etc.

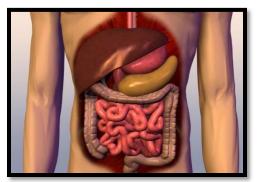
## DOSAGE

1-2 tablets twice or thrice daily with lukewarm water



# **CHITRAKADI VATI**

# **EFFECTIVE AYURVEDIC SUPPLEMENT FOR DIGESTIVE SYSTEM**



> Works on the Indigestion, Lack of Appetite, Abdominal Gas.

Removes Aama Dosha, which is formed due to lack of Digestive Fire.

Unique combination acts as an appetizer if taken before meal and as a digestive if taken after meal.

# INGREDIENTS

Plumbago zeylanica, Piper longum root, Sarjikakshar etc.

## DOSAGE

1-2 tablets twice or thrice daily with lukewarm water



# **GANDHAK RASAYAN** BEST NATURAL SUPPLEMENT FOR SKIN REJUVENATION



> Natural herbal supplement for Rejuvenation.

Improves the immune system & longevity and eliminate harmful effects of toxins.

Good remedy for all types of skin diseases as it purifies blood impurities.

# INGREDIENTS

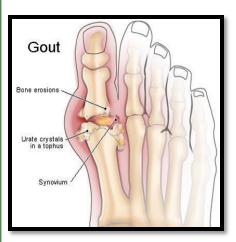
Shuddh Gandhak

## DOSAGE

1-2 Tablets twice or thrice daily, after meals, with plain water

# 





Effective herbal remedy for gout and in painful joint conditions.

Removes toxins from within the blood and therefore useful herbal remedy for all metabolic disorders.

Also effective in Skin diseases like Acne and Eczema etc.

# INGREDIENTS

Tinospora cordifolia, Zingiber officinale, Emblica officinalis, Piper nigrum etc.

## DOSAGE

1-2 Tablets twice or thrice daily, after meals, with plain water



# **KACHNAAR GUGGUL** WONDERFUL, EFFECTIVE NATURAL SUPPLEMENT FOR CANCERS



Best Herbal medicine for Hodgkin's lymphoma, Sarcoidosis, Metastatic tumors.

Natural solution to Malignant Cancers, Uterine Fibroids, Ovarian Cysts and Swollen Lymph Nodes due to any reason.

It is also recommended in chronic Gangrene, Fistula in Ano.

# INGREDIENTS

Bauhinia variegata, Terminalia chebula, Emblica officinalis etc.

## DOSAGE

1-2 Tablets twice or thrice daily, after meals, with plain water







Rich in Anti-dysentery properties.

Cures severe diarrheas with ease, no side effects!!!!

➢ Irritable Bowel Syndrome can be treated with Kutza Ghan.

Can Cure Ulcerative Colitis.

# INGREDIENTS

Holarrhena antidysenterica

## DOSAGE

1-2 pills with lukewarm water twice or thrice daily



**LAKSHADI GUGGUL** BEST SUPPLEMENT FOR HEALTHY BONES



> Lakshadi Guggulu is particularly helpful for healing broken bones, fractures and osteophytes removal.

It is really an excellent natural formula to enhance calcium deposition on bones.

➢ If taken along with calcium supplements, it helps in deposition of calcium at the right place.

# INGREDIENTS

Laksha, Asthisamhari, Arjun bark, Ashwagandha, Nagabala, Shuddh guggulu

# DOSAGE

1-2 pills with lukewarm water twice or thrice daily



# **MAHASHANKH VATI** NATURAL SOLUTION FOR ACIDITY, INDIGESTION & REFLUX DISEASE



 Best herbal formula for Indigestion,
 Abdominal pain due to gas and irregular food habits, Acidity, Duodenal Ulcers.

 Natural treatment of digestive disorders like Loss of Appetite, Indigestion, Hyperacidity.

It is effective as a CNS stimulant.

# INGREDIENTS

Pippali longum root, Plumbago zeylanica, Baliospermum montanum, Shuddh parad etc.

## DOSAGE

1-2 pills with lukewarm water twice or thrice daily

# **PUNARNAVA MANDUR** HERBAL FORMULA FOR PEDAL EDEMA, WATER RETENTION



> Effective natural solution to clear toxins from the body.

Best herbal formulation for Kidney Failure Patients to reduce Urea/Creatinine Levels.

Most effective herbal pills to reduce swelling around joints, swelling in the feet and reduce fluid accumulation in the feet.

# **INGREDIENTS**

Boerhaavia diffusa, Operculina turpethum, Zingiber officinale, Piper longum etc.

## DOSAGE

1-2 pills with lukewarm water twice or thrice daily







Sanjivani Vati in ayurvedic text is popularly known as "One that infuses life"

This is a perfect formulation to combat cold, fever and flu.

It is known as best "Aama (endotoxins) Digestive".

Sanjeevani Vati helps in burning the accumulated metabolites.

# **INGREDIENTS**

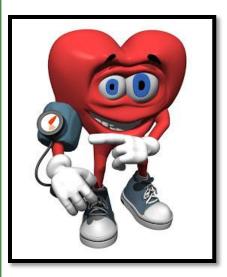
Guduchi herb, Ginger Root, Amlaki, Vidanga, Tamra Bhasma, Bibhitaki, Haritaki

## DOSAGE

1-2 capsules, 1 hr. after meals, with plain water.



# SARPGANDHAGHAN VATI CALMS VATA DOSHA NATURALLY...BEST HERBAL RELAXANT



Sarpgandhaghan Vati is an herbal supplement and classical Ayurvedic medicine.

It is very effective in lowering High Blood Pressure, Insomnia, Psychological Disorders and Hysteria.

It helps regulate blood pressure and maintains the normal balance of myocardial oxygen.

# INGREDIENTS

Rauwolfia serpentina

## DOSAGE

**1-2 tablets once or twice daily as suggested by Ayurveda Expert** 



# **TRIPHALA GUGGUL** NATURE'S BEST SOLUTION TO LIFESTYLE DISORDERS



Cures Constipation from the root.

Reduces Cholesterol levels and improves Heart Health.

Heals Anal Fissure, Anal Fistula and Pile mass.

Excellent blood cleanser and helps in Acne as well (Works like Natural Anti-biotic)

# INGREDIENTS

Hareethaki, Vibheetaki, Amalaki, Pippali, Shuddh Guggulu

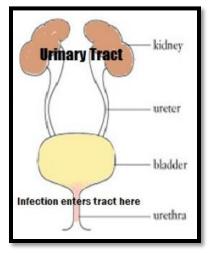
## DOSAGE

1-2 tablets once or twice daily as suggested by Ayurveda Expert





## WORKS WONDERFULLY ON RENAL STONES & URINARY TRACT INFECTIONS



- Cures Urinary Tract Infections.
- Relieves Renal Stone Pains.
- Helps remove renal stones naturally thereby preventing surgeries.
- Varunadi Vati helps to reduce Urea and Creatinine.

# INGREDIENTS

Punarnava, Varun, Gokshur, Rakt

# DOSAGE

1-2 tablets once or twice daily as suggested by Ayurveda Expert





## NATURE'S BEST SOLUTION TO MUSCULOSKELETAL DISORDERS



# **INGREDIENTS**

DOSAGE

Plumbago zeylanica, Piper longum, Tachyspermum ammi, Embelia ribes, cedrus deodara, cumin, piper chaba, cardamom, sausurea lappa, tribulus terrestris, triphala, Cyprus rotundus, sonth, black pepper, piper longum, cinnamon, khus, Guggul, Ghee.

## 2 tablets twice daily.

## WWW.PLANETAYURVEDA.COM



➢ Helps to pacify Vata (Air) in the Joints, Nerves & Muscles.

- Supports Healthy Menstrual Cycles.
- Acts as an anti-oxidant, promotes healthy immune system.
- It helps to maintain healthy Metabolism and remove toxins from the system.