



PLANET AYURVEDA™



About Company

There are three basic fundamental biological humours described by Ayurveda- The Vata, Pitta and kapha also called the “tri-energies”. These are the ones who are totally controlling the universe and are responsible for planetary movements (Vata), their formation and destruction (Pitta) and generation and maintenance of new life (Kapha). Same tri-energies are found inside every living being and are responsible for health and disease. Their balance is health or harmony whereas the imbalance is disease or chaos.

These govern all the processes in all levels of our life. Vata governs all movement, Pitta all heat and transformation and Kapha all growth, structure and lubrication.

Our diet, our behavior, the seasons, emotions and our lifestyle all have impact on balance of trienergies. The main principal of healing in Ayurveda is to maintain the balance of Vata, Pitta and Kapha by alteration in our lifestyle, our thoughts, our diet and understanding nature and through herbal medicines.



Dr. Vikram Chauhan is MD in Ayurvedic medicine and an expert Ayurveda consultant from India. He has vast experience of herbs and their applied uses. He has been on various national/international TV channels for interviews, written articles for various health columns in international newspapers. He has presented papers and given lectures at various national and international forums and congresses and has regular clinic in India. He also visits his distributors around the world for consultations, seminars, lectures etc. At present, he runs 1 manufacturing company, 1 herbal export/trading company, his ayurvedic clinic in Chandigarh, India and offers free ayurvedic consultation to online



PLANET AYURVEDA

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ARJUN TEA (NATURAL CO-Q 10)



Arjun Tea is the combination of purely herbal ingredients described in ancient Ayurvedic texts as the most effective herbal remedy for blood pressure and heart problems. It is the safest choice to the problems like blood pressure, high cholesterol, blocked coronary arteries, Congestive Heart Failure. It contains the best combination of herbs for heart problem described in Ayurveda.

Dosage - 1-2 Cups twice daily (Use 2-5 gms. powder for 1 Cup of Tea)

Packing Size - 125gms.

Benefits of DETOX TEA

- Maintains the normal blood pressure level.
- Provides strength to heart muscles for pumping action properly.
- Provides our body with various vitamins minerals
- Helps in eradication of toxins from the body.
- Improves blood circulation.
- Prevents hemorrhages or clotting.
- Biggest supporter of the cardio-vascular system.

Dosage - 1-2 Cups twice daily (Use 2-5 gms. powder for 1 Cup of Tea)

Packing Size - 125gms.



ARJUNA CAPSULES



Arjuna tree is a blessing to mankind for its role in cardiovascular problems. Arjuna capsules are made from Terminalia arjuna bark extract. Arjun tree bark is a popular herbal remedy for heart problems, high cholesterol and blood pressure. Many people take the bark and boil it in water and consume it everyday. Arjuna capsules contain extract of Arjuna tree bark. It is a concentrated form of raw Arjuna powder. This makes it very effective solution for many heart and circulatory problems. It is not only useful in heart ailments but also helps in clearing away the blockage in the arteries. Thus it is also helpful in venous thrombosis.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

TOTAL HEART SUPPORT CAPSULES



Total Heart Support contains extracts of the bark of the Arjun tree. Other herbal extracts in Total heart support capsules are Arjuna, Brahmi, Shankpushpi and Ashwagandha (Indian Ginseng) to calm down the nerves and strengthen them by providing nutrition to them. Total Heart Support capsules help in cleansing of the blocked arteries. They are useful in post heart attack period or post myocardial infarction support. They are one of the best herbal remedies for heart care in a very natural way. They make an excellent natural remedy for CHF or Congestive heart failure and breathlessness due to weakness of heart muscle.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

TRIM FORMULA CAPSULES

The herbs in Trim formula correct functions of "Pitta" i.e. thermal energy of the body which regulates metabolism of fats, carbohydrates and proteins. This product is a nature's gift to mankind as it contains best herbs for losing weight naturally. It helps the liver to burn the fat without any side effects

Garcinia, Cyperus rotundus, Kutki, Triphala are the key herbal ingredients that helps burn fats naturally. It is purely a natural product having pure herbs for weight loss without any chemicals added into it. functions to increase overall metabolism and burn fats naturally.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



GARCINIA CAPSULES



Garcinia capsules are useful in all forms of obesity and excessive weight because of any reasons. The reasons can be excess calorie intake, sedentary life style or any other disease. Garcinia helps in most of the cases. There are no side effects reported. Our Garcinia Product is purely natural, comes in Vegetarian capsules and does not contain any chemicals or synthetic agents.

Garcinia is a tree that grows wild in South India. It is also popular as Malabar Tamarind. Regular use of Garcinia capsules brings the excessive weight under control.

Dosage - 2 Caps thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

GUGGUL CAPSULES

Guggul is commonly used as an anti-inflammatory agent for the purpose of relief from pains, due to its ushan virya (hot) potency therefore comprising with the properties to bring about the suppression of the Vata main cause of pains.

It also possesses the property by means of which it brings about the reversal of the degenerative changes in joint and bones. It even provides relief from the pain and swelling. Due to this property it is also believed that it provides strength to the nervous system. Hence is widely used in diseases like rheumatoid arthritis, gout, Osteoarthritis, sciatica, lymphadenopathy etc.

Dosage - 2 Caps twice OR thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



ALLER-G FORMULA CAPSULES

Aller-G Formula is a blend of unique herbs described in Ayurveda as best anti-allergic and anti-inflammatory herbs. These rare herbs are nature's answer to moderate to severe forms of allergies. Aller-G Care contains extracts of Haridra (commonly known as Turmeric), Neem, Shirish and Ashwagandha. These herbs act together in a synergetic manner and control acute & chronic allergic reactions. The formula is particularly an effective natural remedy for pollen allergy.

Its very effective for all types of allergies like - Pollen Allergy, Chronic Allergic Rhinitis, Chronic sinusitis, Chronic Eosinophilia, Hay Fever, Asthma, Eczema, urticaria, Skin allergies and respiratory allergies.

Dosage - 2 Caps twice OR thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



CURCUMIN CAPSULES

Turmeric (Curcuma longa), a flowering plant in the ginger family, is widely used as a food coloring and is one of the principal ingredients in curry powder. Turmeric has long been used in both Ayurvedic and Chinese medicine as an anti-inflammatory, to treat digestive disorders and liver problems, and for the treatment of skin diseases and wound healing.

Curcumin has been shown, for example, to stimulate the production of bile and to facilitate the emptying of the gallbladder. It has also demonstrated in animals a protective effect on the liver, anti-tumor action, and ability to reduce inflammation and fight certain infections.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



TULSI CAPSULES

Tulsi is worshiped all over India for its healing properties. It is an age old herbal remedy for cough, sore throat, allergies. People chew leaves of this herb to combat infection and cough. It's very effective in viral flu, influenza, and other acute respiratory tract infections and breathlessness due to weakness of heart muscle.

Tulsi has anti-microbial properties since it is also anti-inflammatory due to the oil eugenol, present in the leaves. It is useful in respiratory tract infection. The Ursolic acid present in Tulsi has anti-allergic properties. The plant can play a role in the management of immunological disorders such as allergies and asthma.

Dosage - 2 Caps twice OR thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



NEEM CAPSULES

Neem Products are used all around the world as a very effective herbal remedy for acne and other skin problems. The sales of Neem products is rising exponentially everyday because it is proving to be nature's best product for clearing the skin. Neem cleans the skin, brings back the glow and cause no side effects.

Regular use of Neem based products in capsule form give results within 4-5 days. It is particularly effective in skin problems like - Acne, Psoriasis, Eczema, Skin Rashes, Blemishes, Dark Circles around eyes, Diabetic carbuncles, Skin eruptions, Urticaria (Allergies of skin).

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



BRAHMI CAPSULES

Brahmi is most prominently known as a nerve and brain tonic, cardiac tonic, for restlessness, insomnia & forgetfulness, confused and cloudy thoughts, anxiety, stress, hysteria, nervous breakdowns, and Also, for the improvement of confidence, intelligence, and memory recall and to bring about in an individual the mental clarity.

It is diuretic, cardiac, Nervine and general tonic. It is reported to improve intellect, memory, and particularly retention power. It is also used in treatment of many other ailments like vertigo, anxiety, stress, blood pressure. It is a very potent nervous tonic and is anti-anxiety agent. It is also considered good for heart.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



BRAHMI CHAVYANPRASH



Our "Brahmi Chavyanprash" is a 'Rasayana' Jam, made up of Amla (Indian Gooseberry) and 48 other life enhancing, vitality promoting herbs. Brahmi (Bacopa monnieri), is a very effective mental tonic and relieves anxiety, stress and blood pressure.

Other herbs are useful in preventing ageing and damage due to stress, pollution, blood pressure and our faulty diets and lifestyle. Brahmi Chavyanprash is specifically made to meet the body and mind's requirements of nutrition and energy.

Indications- Fatigue, Stress, Blood Pressure, Anxiety, Palpitations, Lack of memory and concentration, Run down conditions, Low Immunity, AIDS and related immunity disorders, Cancers, As a supplement in Tuberculosis and other chronic ailments. natural remedy.

Dosage - 2-3 teaspoonfuls twice daily, with or without milk, before or after meals. or anytime you like

Packing Size - 500 Gms Herbal Jam

MEMORY SUPPORT CAPSULES

This product has its roots in Ayurveda-ancient herbal healthcare system of India . According to Ayurveda the balance of 3 energies- Vata, Pitta and Kapha (Kinetic, Thermal and Potential energy) in the body is a disease free state whereas their imbalance causes diseases. The Imbalance of Vata, Pitta and Kapha leads to decreased memory, lack of concentration, stress and anxiety. The herbs in this product act synergistically to control vitiated Vata" "Pitta" and "Kapha" thus help in improved memory and concentration. The herbs for memory used in this supplement gives result within 10 days of its use.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



ASHWAGANDHA CAPSULES



Ashwagandha Capsules are useful in debilitating conditions, fatigue, stress, anxiety, palpitation, ageing, nervous breakdown, neuropathy due to diabetes, chronic fatigue syndrome, loss of weight due to cancer or diabetes or any other reason.

Regular use of Ashwagandha Capsules brings the strength back to muscles, relieves the muscles and calm down the system. It is a nerve tonic, enhances stamina physical as well as mental. It can be given to growing children, as well as to old age people.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

TRIBULUS POWER CAPSULES



Tribulus Power is sometimes called herbal Viagra by people and truly called and alternative to viagra because this has given us excellent results in fighting many male sex health issues. With this product one can deal with problems like erectile dysfunction, premature ejaculation and low sperm counts naturally.

The continued use of Tribulus Power helps to build sexual stamina even in persons of old age. Tribulus Power Capsules offers extraordinary energy to its users to the full brink of their satisfaction and extreme pleasure. Tribulus Power Capsules do not cause any side effects like blood pressure or flushing. The ingredients are purely herbal.

Tribulus Power is a unique product made from the world's most effective herbs to enhance stamina, pleasure, confidence and strength of a man. It does not heat up the system and contains energy generating herbs which increases blood circulation in the tissues of the penis, adds to its erectile strength and gives strength to whole body to function naturally.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

DIGESTION SUPPORT CAPSULES

Digestion Support is a blend of unique herbs described in Ayurveda as best digestives. The herbs like Haritaki, Fennel, Cumin, Piper maintain the natural pH balance in the stomach and aid in digestion of all types of food. These herbs act together in a synergistic manner and controls acidity, flatulence, gas and also constipation. These are the complex indigestion problems which according to Ayurveda are the root cause of almost all the diseases. If the digestive system is alright, it leads to proper assimilation of the nutrients in the body

Dosage - 2 Caps twice OR thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



MALE SUPPORT CAPSULES



Male Support is surely an alternative to Viagra and truly called , with this product you can deal with male sex problems naturally. The continued use of Male Support Capsules helps to build sexual stamina even in persons of old age. Male Support Capsules offers extraordinary energy to its users to the full brink of their satisfaction and extreme pleasure.

Male Support is a unique product made from the world's most erotic herbs Ashwagandha, Shilajit, Gokshur to enhance stamina, pleasure, confidence and strength of a man. It contains heat and energy generating herbs which increases blood circulation in the tissues of the penis, adds to its erectile strength and gives strength to whole body.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

FEMALE SUPPORT CAPSULES



This product has its roots in Ayurveda-ancient herbal healthcare system of India . According to Ayurveda the balance of 3 energies- Vata, Pitta and Kapha (Kinetic, Thermal and Potential energy) in the body is a disease free state whereas their imbalance causes diseases.

According to Ayurveda vitiated “Vata” causes irregular painful menstruation. It disturbs “Pitta-the thermal energy”. Excess “Pitta” causes heavy bleeding, hot flushes and irritability.

This is a special herbal formulation for irregular menses, PMS, Menopausal syndrome, Ovarian cysts and other gynecological problems. It is also useful herbal remedy for painful menses and uterine fibroid.

Dosage - 2 Caps thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules

JOINT AID PLUS CAPSULES

Joint Aid Plus is a blend of unique herbs described in Ayurveda as best anti-inflammatory herbs. These rare herbs are nature's answer to moderate to severe forms of inflammation, swelling and pain. Arthritis

Support contains extracts of Nirgundi, Shallaki, Guggul, Ginger, Giloy and Ashwagandha.

There are so many herbal products for arthritis available on internet today but Joint Aid Plus is a very effective and unique product with sure shot results in painful joints particularly due to crippling osteoarthritis and rheumatoid arthritis. It gives instant results in cervical and lumbar spondylitis and also useful in ankylosing spondylitis.

Dosage - 2 Caps twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



DIA-BETA PLUS CAPSULES

Dia-beta Plus is a mixture of various herbs for diabetes, which are described in Ayurveda for taking care of diabetes naturally. The herbs not only help to control sugar levels but also help to rejuvenate overall health, bring back stamina and help to overcome fatigue. Diabeta plus contains herbs like momordica, Gymnema, Salacia, Pterocarpus marsupium which are long know to have beneficial effects in diabetes. The herbs are not only good to control sugar levels but also excellent for preventing diabetic neuropathy.

Although there are many herbal products for diabetes, but this one is unique in bringing down sugar levels under control without causing side effects and without causing sharp fluctuation in sugar levels.

Dosage - 2 Caps twice OR thrice daily with plain water 15 minutes before meals.

Packing Size - 60 Vegetarian Capsules.



RENCURE FORMULA CAPSULES



This is a complete herbal remedy for kidney failure patients. It contains herbs useful in chronic renal failure and help in reviving the failing kidenys. The herbs are also useful for high uric acid, urea and creatinine levels. They are effective in swelling around ankles or under the eyes.

The herbs in this product act synergistically to control vitiated Vata “Pitta” and “Kapha”. These 3 energies of the body, when vitiated cause organ failure and toxins accumulation and also cause kidney failure. The herbs maintain the balance of these energies and help aid kidney function.

Dosage - 2 Caps twice OR thrice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.

STRESS SUPPORT CAPSULES

Continuous stress leads to imbalance of Vata and consequently other energies. The herbs in this product act synergistically to control vitiated Vata”, therefore acting on the root cause.

Herbs like Ashwagandha, Valerian, Jatamansi and Brahmi are powerful strees relieving herbs. Valerian is an excellent herbal remedy for stress when used with Brahmi and Ashwagandha. Ashwagandha is a multi-purpose herb for stress, anxiety, arthritis, palpitation, diabetes,low immunity and even cancers of all types. Brahmi is a useful herb in stress and anxiety as well as used in case of decreased memory and concentration.

Dosage - 2 tablets twice daily with plain water after meals.

Packing Size - 120 Tablets.



KUTZGHAN VATI - (TABLETS)



Kutza Ghan Vati is traditional product used as herbal remedy for irritable bowel syndrome. It is given with Bilwa in cases of ulcerative colitis. It is nature's best formula for ulcerative colitis and irritable bowel syndrome.

Dosage - 2 Tablets twice daily with plain water after meals.

Packing Size - 120 Tablets

KAANCHNAAR GUGGUL - (TABLETS)



Reduces and break Kapha accumulation in the tissues. It flushes the lymphatic system of toxins, sluggishness and accumulated wastes. Useful in Lipoma, cancers, irregular undifferentiated growths, tumors, ovarian cysts

Dosage - 2 tablets twice daily with plain water after meals.

Packing Size - 120 Tablets.

VARUNADI VATI - (TABLETS)

It is a useful combination of herbs for enlarged prostate, painful micturition, kidney problems, stones etc. Varunadi Vati is an excellent remedy for urinary tract strictures and kidney stones.

Dosage - 2 tablets twice daily with plain water after meals.

Packing Size - 120 Tablets.



PUNARNAVA MANDUR - (TABLETS)



It is a classical ayurvedic formulation for anemia, Low Platelet count, Low RBC count, Swelling around oints, Generalized swelling, Gout and other endo-toxins accumulation. It is also diuretic and is useful in renal disorders. In renal failure, it is used with Mutrakrichantak Churna for getting good results. Rencure Formula can also be used with it.

Dosage - 2 tablets twice daily with plain water after meals.

Packing Size - 120 Tablets.

CHANDER PRABHA VATI - (TABLETS)

Chandra is moon in Sanskrit. This formulation works similar to the Moon which removes darkness in night. It is useful in disturbed metabolism of 'Kapha-dosha' such as diabetes and obesity. It is used as Herbal Remedy for Erectile dysfunction, Premature Ejaculation and other Urinary tract and genital organ problems, emotion related stressful conditions.

Dosage - 2 tablets twice daily with plain water after meals.

Packing Size - 120 Tablets.



KISHORE GUGGUL - (TABLETS)



Kishore Guggulu is particularly helpful for the accumulation of pitta (Uric Acid) in the joints and muscles, which may be indicated by pain and inflammation. Chronic accumulation can lead to serious conditions

such as bursitis, tendinitis and Gouty arthritis. Kaishore Guggulu is traditionally used in pitta-type arthritis, characterized by redness, heat, inflammation and persistent pain in the joints. Kishore Guggul also works to prevent further accumulation of pitta by regulating metabolism and assisting in the proper elimination of toxins.

Dosage - 2 tablets twice or thrice daily with plain water after meals.

Packing Size - 120 Tablets.

AMLA 100X [AMLAKI RASAYANA] - (CAPSULES)

Amla 100X or Amalaki Rasayana is 100 times more powerful than natural Amla and supports overall health and vitality. This formula helps maintain natural energy and vitality levels, helps support and cleanse the digestive system, helps nourish body tissues.

It also helps maintain skin and hair health and is a rich natural source of vitamin C. Amla builds immune system to fight against all kind of viruses like that of Hepatitis, AIDS, Influenza and many others. We also offer Amla in juice form in the name of Amla Saar.

Dosage - 2 capsules twice daily with plain water after meals.

Packing Size - 60 Vegetarian Capsules.



SANJIVANI VATI - (TABLETS)

"Aama" is the byproduct of faulty metabolism of fats, carbohydrates and proteins. It is accumulation of endotoxins within the body. The reason according to Ayurveda is low digestive fire... The fire that does not let any metabolite to accumulate is not able to consume them completely..that's why they remain in the system.

This "Aama" or accumulation of endotoxins leads to blockage in channels and many diseases like High Cholesterol, IBS, Blocked coronary arteries, Piles, Auto-immune disorders like Sarcoidosis, Ankylosing spondylitis, Rheumatoid arthritis and many others. Sanjeevani Vati is an ancient formula to combat all these as it ignites the digestive fire and helps the liver to just get rid of all the mid-way metabolites from the system.

Dosage - 2 Tablets twice daily with plain water after meals.

Packing Size - 120 Tablets.



ARJUN SAAR - (JUICE)



Terminalia arjuna is tree which has special role in heart care. The bark of this tree contains special nutrients, enzymes, vitamins and anti-oxidants which provide natural strength to heart muscle. Arjun Saar is juice of Arjuna bark mixed with Amla Berry juice.

Amla is nature's richest source of best anti-oxidants and rich in Vitamin C. This makes Arjun Saar a combination of best herbs described in ancient Ayurvedic texts as the most effective herbal treatment for blood pressure and heart problems.

Dosage - -20ml. to 30ml. twice daily with equal plain water after meals.

Packing Size - 250ml. & 500ml. pet bottle.

MUTRAKRICHANTAK CHURNA [HERBAL POWDER]

Diseases like Diabetes and blood pressure are leading cause of renal failure. Nature has given us powerful herbal remedies which can be wonderful herbal cure for chronic kidney failure patients. These herbal remedies not only help to avoid dialysis but also aid to revive the kidneys in a very smooth and natural way.

Mutrakrichantak Churna is a safe and effective combination of kidney supporting herbs for painful urinary conditions. It is useful in kidney stones, urinary tract infections, high uric acid and blood urea levels. The powder can be safely used in chronic kidney failure and in dialysis patients. It acts as a diuretic while providing natural anti- oxidants and nutrition to the body. Varun and Apamarg are wonderful treatment for prostate enlargement Tribulus is famous for it's nutritive function and Shirish is considered in Ayurveda as detoxifying herb. Boerrhavia diffusa acts as diuretic with 5 Grassroots.

Dosage - 1 Tbsp. twice OR thrice a day with plain water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.



PRAAN RAKSHAK CHURNA [HERBAL POWDER]

Praanrakshak Churna is a useful combination of anti-allergy herbs used in Ayurveda since 5000 B.C. for asthma and allergy. These herbs act together in a synergistic manner and are effective in chronic allergies,

respiratory tract infections, chronic bronchitis and asthma.

The herbs Bharangi, Kantkari and Shirish act as powerful anti-histaminics and are effective in treating acute and chronic Asthmatic attacks. The herbs Vaasa and Madhuyashti break the mucous plugs and are useful even in common cough, bleeding while coughing and also heals the inflamed respiratory tract. Typlophora asthmatica as the name indicates is another useful herb in curing asthma. Praanrakshak Churna is purely a herbal formulation without any chemicals added into it.

Dosage - 1 Tbsp. twice OR thrice daily with plain water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.



STHOLYANTAK CHURNA [HERBAL POWDER]



Stholyantak Churna is a unique blend of various rare weight loss herbs to make you loose extra fats from your body. The herbs reduce the weight naturally and without any side effects. They act in a synergistic manner to help body get rid of extra fat. This formula not only removes fats but also corrects carbohydrate and protein metabolism.

The formula is rich in natural anti-oxidants, vitamins and minerals. It not only helps loosing weight but also useful combination of rejuvenating herbs. It can also be used in conditions where the metabolism is sluggish such as hypothyroidism.

Dosage - 1 Tbsp. twice daily with plain water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.

NAARI KALYAN CHURNA [HERBAL POWDER]

Naari Kalyan Churna is purely a herbal formulation without any chemicals added into it. The ingredients are frequently used in Ayurvedic system of medicine since 5,000 B.C. without any side effects. These herbs

act together in a synergistic manner and are effective in fatigue, general and sexual weakness.

Naari Kalyan Churna is a complete herbal formulation to take care of female health problems. It is articularly effective in painful menstruation, pre menstrual syndrome (PMS), irregular menses, uterine fibroids, ovarian cysts and leucorrhoea.

Dosage - 1 Tbsp. twice daily with plain water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.



VARA CHURNA [HERBAL POWDER]



Vara Churna is a blend of most popular Ayurvedic herbs Haritaki, Bhibhitaki and Amalaki. These are also known as "The Myrobalans". The herbs in combination are useful in multiple problems as they remove the accumulated toxins within the body. Haritaki is a very useful herbal remedy for constipation.

It does not have any purgative action, but acts as a smooth laxative without any side effects. The herbs Amalaki and Bhibhitaki gives strength to overall body and intestines. Bhibhitaki even helps in digestion and amla gives natural vitamin C to the body as well as mild laxative.

Dosage - 1 Tbsp. twice daily with plain water after meals.

Packing Size - 100 Gms. Herbal Powder in Pet Jar.

AAMVATANTAK CHURNA [HERBAL POWDER]



AamVaat Antak Churna is a blend of unique herbs for arthritis and described in Ayurveda as best anti-inflammatory, detoxifying herbs. It is purely a natural herbal remedy for Rheumatoid Arthritis. It is very beneficial particularly when the joint are stiff in the morning and there is severe joint pain. It is an effective alternative remedy for crippling Rheumatoid arthritis and joint pains due to other reasons.

Various herbs in this herbal remedy naturally clear away the toxins i.e. Aama. These rare herbs are nature's answer to moderate to severe forms of inflammation, swelling and joint pain. This herbal product contains herbs like Ashwagandha, Methi, Suranjan and Sonth. These herbs act together in a synergistic manner and control acute and chronic pain in joints.

ATIRASADI CHURNA [HERBAL POWDER]

Atirasadi Churna is a potent combination of rejuvenating herbs used in Ayurveda since 5000 B.C. for stamina, strength. These herbs act together in a synergistic manner and are effective in fatigue, general and sexual weakness, premature ejaculation, low sperm count, erectile dysfunction and lack of energy.

It contains rare herbs for premature ejaculation. The product contains only natural herbs without any chemicals or synthetic drugs. It contains herbs like Oats, Ashwagandha, Tribulus, Asparagus, Nut-meg, Musli and many others.

Dosage - 1 Tbsp. with plain water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.



NAVKARSHIK CHURNA [HERBAL POWDER]



Navkarshik Churna is a classical Ayurvedic formulation dating back to 1100 AD. A famous formulation from "Chakradatt Samhita" particularly recommended in Gouty arthritis. Especially when the uric acid is very high and the toe joint is very much involved. It is also effective in other type of arthritis as it relieves "Vata" and removes the toxins from within the body.

These herbs act together in a synergistic manner and are effective in swollen, painful joints. It contains Triphala which removes toxins from the body and useful in every other disease. Neem, Katuki, Manjistha

purifies the blood and corrects the metabolism of "Pitta" and heat regulation in our body. Giloy is immunomodulator and improves immunity whereas Daruhaldi acts as an anti inflammatory herb.

Dosage - 1 Tbsp. twice OR thrice daily with plain water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.

MADHUMEHANTAK CHURNA [HERBAL POWDER]



Madhumehtak Churna is a potent combination of rejuvenating herbs for diabetes used in Ayurveda since 5000 B.C. These herbs act together in a synergistic manner and are effective in lowering the blood sugar levels naturally, without any side effects.

The herbs are very effective as they also act as anti-oxidants alongwith stimulating insulin secreting cells of pancreas. This is a very unique product containing herbs for diabetes procured from various places.

YAKRIT PLIHANTAK CHURNA [HERBAL POWDER]

Yakrit Plihtak Churna('Yakrit' means liver and 'Pliha' means Spleen) is a herbal mixture of rare herbs to improve liver function. It helps the liver in clearing away the toxins. It regenerates the liver cells and prevents liver failure.

It is useful in liver cirrhosis, jaundice, liver damage due to alcohol, toxins and infection. The herb Katuki increases the bile production and excretion, whereas Makoye, Bhiringraj and Kalmegh improve liver function. Punarnava and Bhumi amla regenerate liver cells and are useful in liver enlargement and inflammation. Giloy is immunomodulator and corrects liver metabolism. The combination of herbs is a wonderful remedy for all liver problems.

Dosage - 1 Tbsp. twice a day with lukewarm water after meals.

Packing Size - 200 Gms. Herbal Powder in Pet Jar.



HAKAM CHURNA [HERBAL POWDER]



Vara Churna is a blend of most popular Ayurvedic herbs Haritaki, Bhibhitaki and Amalaki. These are also known as "The Myrobalans". The herbs in combination are useful in multiple problems as they remove the accumulated toxins within the body. Haritaki is a very useful herbal remedy for constipation.

It does not have any purgative action, but acts as a smooth laxative without any side effects. The herbs Amalaki and Bhibhitaki gives strength to overall body and intestines. Bhibhitaki even helps in digestion and amla gives natural vitamin C to the body as well as mild laxative.

Dosage - 1 Tbsp. twice daily with plain water after meals.

Packing Size - 100 Gms. Herbal Powder in Pet Jar.

PRADARANTAK CHURNA [HERBAL POWDER]



Pradarantak Churna is a complete herbal formulation to take care of female health problems. It is particularly effective in painful menstruation, pre menstrual syndrome (PMS), irregular menses, uterine fibroids, ovarian cysts and leucorrhoea. This herbal powder is a slight modification of classical Ayurvedic formula Pushyanug" churna.

This product is not only beneficial in ovarian cysts but also useful in uterine fibroids, dysfunctional uterine bleeding, premenstrual syndrome, irregular menses. This mixture of herbs contains herbs that act as natural cure for leucorrhea. Leucorrhea is a very irritating problem for women and can lead to infertility, pain in the back and pelvic region. The herbs offer a natural cure for leucorrhea also.

Dosage - 1 Tsp. twice a day with plain water OR iced tea after meals.

Packing Size - 100 Gms. Herbal Powder in Pet Jar.

KUMARI SAAR [ALOE VERA JUICE]

Indications:

- Acute and Chronic Constipation
- Hyper acidity, Ulcers
- Skin problems like Eczema, Psoriasis, Acne, Hyper pigmentation.
- Liver dysfunction
- Diabetes and it's complications
- Hypertension
- Gout, Osteo-arthritis, other inflammatory joint conditions.
- Premature falling and graying of hair.
- Fatigue, loss of energy.
- Blurred vision due to age.
- Wounds and Chronic ulcers/sores.
- Amenorrhea

Dosage - 25ml to 30ml. twice daily with equal water empty stomach.

Packing Size - 250 ml. & 500 ml. Juice in Pet Bottle.



KARELA SAAR [BITTER GOURD JUICE]



Indications:

Karela Saar is rich in the mineral elements, viz. phosphorus, potassium, calcium, magnesium, and iron.

- Regular use of Karela Saar lowers the cholesterol levels and scavenges free radicals out of the body.
- Karela Saar is used in treatment of Acne and other skin problems.
- Karela Saar is very effective in treatment of Acidity and Peptic ulcers.
- Karela Saar is rich in Vitamin C, Calcium, Iron, essential amino acids and many other vitamins and minerals and anti-oxidants.
- Regular Use of Karela Saar improves immunity, fights cancers, rejuvenates the body.

Dosage - 25ml to 30ml. twice daily with equal water empty stomach.

Packing Size - 250 ml. & 500 ml. Juice in Pet Bottle.

AMLA SAAR [INDIAN GOOSEBERRY JUICE]

- Amla is perhaps the single most often mentioned herb in "Charak Samhita"- Ancient Indian Ayurvedic medicine literature (500 BC)
- The fruit has the highest content of vitamin C of any natural occurring substances in nature. Amla is most useful treatment of ulcers and hyper acidity. Amla builds immune system to fight against all kind of viruses like that of Hepatitis, AIDS, Influenza and many others.
- Amla Saar is used in treatment of Acne and other skin problems.
- Amla Saar is very effective in treatment of Acidity and Peptic ulcers.
- Regular Use of Amla Saar improves immunity, fights cancers, rejuvenates the body.
- It fights chronic diseases like hypertension, high Cholesterol, Diabetes, AIDS, influenza, Chronic cough and cold, Chronic infections, Chronic fatigue and Chronic inflammatory conditions.
- Ayurveda describes it as one of the best herbs for Diabetes, bleeding disorders, strength and stamina promoter.

Dosage - 25ml to 30ml. twice daily with equal water empty stomach.

Packing Size - 250 ml. & 500 ml. Juice in Pet Bottle.



GHANDHARVAHASTHA THAILAM (Herbal Oil)

Ref. Text - (SAHASRAYOGAM)



- **Action and Indications** : Laxative, Carminative, Appetizer, Anti-flatulent. Indication : Constipation, Distention, Abdominal cramps.
- **Vata disorders** - Commonly used as a purgative in vata disorders.
- Prescribed in all rheumatic complaints, numbness of limbs etc.

Note : Internal use only.

Dosage - 1 to 2 tsp for internal use with warm water or appropriate Kwaths.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.

KARPOORADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Analgesic, Counter irritant, Anti-inflammatory.

Indication : Neuralgia, Rheumatic pain, Recommended for all Rheumatic complaints with severe pain, Numbness, Chest pain, Swelling in joints, Tooth-ache, pain in ears etc.

Applications : For Vata and for treating injuries. Its specific action is to clear blockages and restore circulation. As a relaxant it regularizes breathing by breaking down excessive kapha in the chest. It regulates the body temperature. It optimizes the body energy utilization breaking down excessive mucus in the body. It helps respiratory congestion, cramps, numbness, pain, and swelling.

Note : Internal use only.

Dosage - 1 to 2 tsp for internal use with warm water or appropriate Kwaths.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



KOTTAMCHUKKADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)



Action and Indications : Laxative, Carminative, Appetizer, Anti-flatulent. Indication : Constipation, Distention, Abdominal cramps.

Vata disorders - Commonly used as a purgative in vata disorders. Prescribed in all rheumatic complaints, numbness of limbs etc.

Note : For external application [Both Head and Body]

Packing Size - 450 ml. Herbal Oil in Pet Bottles.

ARIMEDADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Advised for instant action in tooth ache and similar complaints. 3 – 4 drops of the oil on cotton may be applied on the root of the tooth root and / or gargling with the oil is highly effective.

Indication : Diseases of the oral cavity, Gingivitis-, Stomatitis, Apotheose Ulcer, Glossitis.

Applications : Reduce gum swelling and pain, Strengthens and tightens gums tissues, Relieves mouth and tongue ulcers, Soothes irritation and burning sensation of oral cavity.

Note : Internal use only.

Dosage - 3-4 drops of the oil may be applied on the root of the tooth or gargling with the oil is highly effective. Also used for application on head.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



BALASWAGANDHADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Rejuvenative, Restorative, Strengthens muscles and tones up the nerves. Improves nerve conduction. Unaamdham(Psychic disorders), Kshayam, Kaasam, swaasam.

Indication : Prescribed in rheumatic complaints, general debility, bronchial complaints, frequent colds, Neurological disorders, Muscular dystrophy, Wasting, Neuralgia etc.

Applications : The rejuvenating properties of Balaswagandhadi Thailam strengthen muscles and tone the nerves. Recommended for nervous conditions, muscular dystrophy, emaciation and debilitation. This is an all-body oil.

Note : Internal use only.

Dosage - Apply lightly heated oil on entire body or affected part.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



DHANWANTHARAM THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Analgesic, Counter irritant, Anti-inflammatory. For all types of Vata diseases, Soothika, baala (Children) , Injuries in Marma (Vital parts), Asti bhanga (Fracture) or such Abhigataja rogas. Also in the cases of Ksheena(Weakness) ,Jwara(Fever), Gulmam, Graham (Planet) ,Unmaada (Psychic disorders), Mutraaghaatam , Antravrudhi (Tumour), Yoni rogam.

Indication : Neuralgia, Rheumatic pain, Recommended for all Rheumatic complaints with severe pain, Numbness, Chest pain, Swelling in joints, Tooth-ache, pain in ears etc.

Applications : For Vata and for treating injuries. Its specific action is to clear blockages and restore circulation. As a relaxant it regularizes breathing by breaking down excessive kapha in the chest. It regulates the body temperature. It optimizes the body energy utilization breaking down excessive mucus in the body. It helps respiratory congestion, cramps, numbness, pain, and swelling.

Note : Internal use only.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



DHURDHOORAPATHRADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : To remove Dandruff and help growth of hair, rejuvenates and nourish the scalp and makes the hair shiny and healthy. Application: Apply on the head and massage gently for 15 minutes. Keep it for 1 hr and then wash it.

Indication : Kandu, (Itching) Kesa chyuti (Falling of hair), Effective for dandruff, Falling hair, Itching on scalp etc.

Applications : For application on head before bath.

Note : For external application [Both Head and Body]

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



ELADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Advised in complaints of vitiated Vata and Pitha, dandruff, itches, scabies, mild poisonings. Headaches., Regular application improves complexion.

Indication : Prescribed in Skin Problems, Good for itching, stretch marks. It brings glow to the skin. It is very effective in pigmentation.

Applications : A unique combination of ingredients, this oil keeps your skin glowing and beautiful. It is a time tested formulation for skin allergies, psoriasis etc. and preserves the oily nature of the skin, protecting it from dryness. It also removes dead cells and toxins from the skin. Slowly apply and massage it over the body.

Note : Internal use only.

Dosage - Apply oil one hour before bath once a day. 20ml. lukewarm oil should be massaged all over the body except head and eyes. For use in treatment centres, Spas or for self-massage at home. Use Herbal Bathing Powder as body cleanser for best results.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



SESAME OIL (Herbal Oil)

Ref. Text - (BHAVPARKASH NIGHANTU)

Action : Sesame oil application protects the body from various disorders associated with nervous system. It also keeps away the problem of insomnia and mental fatigue. Sesame oil is an energy rejuvenator, thus is the best remedy for the tired and aching body. It also helps in treating blurred vision.

Indication : Sesame Seed Oil has been used as a healing oil for thousands of years. Sesame oil is mentioned in the Vedas as excellent for humans. It is naturally antibacterial, antiviral and anti-inflammatory agent.

Applications : Sesame oil, also called Gingelly oil or Til oil, is oil that is derived from sesame seeds. In some areas it is commonly used for cooking and in others as a condiment to add flavor to foods. How it is used usually depends on the type of oil. Sesame oil is also used in different parts of the world as massage oil and in worship. It also has several health benefits.

Note : Internal use only.

Dosage - For Internal & External Use. For full body massage as well as for cooking.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



MAHASAINDHAVA THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Best for Vatjanaya disorders. Very useful in Joint Pains due to Arthritis, Itchy Skin and Sinus.

Indication : Sinus, Muscular Dystrophy, Lungs Disorders, Itchy Skin, Brain Disorders like Cerebral palsy.

Applications : Mahasaindhava Thilam is meant for external use only. It can be used on Head as well as Full Body Massage.

Note : Internal use only.

Dosage- Massage on full body with this Oil is recommended for Joint Pains, Muscular Dystrophy, Cerebral Palsy [Head Massage] etc.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



KSHEERABALA THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Ksheerbala Oil is a traditional ayurvedic massage oil used to relieve pain in the lower back, sciatica and migraines. It is also effective in insomnia and giddiness. Good for massage of Vata and Pitta body types and especially for Shirodhara and head massage.

Indication : Loss of Consciousness, Vata-rakta, vata roga; sukra dosa; rajodosa; karsya; svarabheda. Used as rasayana.

Applications : Ksheerbala Oil is a head and neck oil that is anti-inflammatory, analgesic and anti-rheumatic. It is good for Vata and Pitta imbalance because it is cooling and good for the nerves. It is also good for post-natal care (massage oil for babies), insomnia, arthritis and gynecological diseases.

Note : External use only.

Dosage- Apply 20 ml luke warm oil all over the body and massage gently for 10 minutes, followed by bath in luke warm water after half an hour. For use in treatment centres, Spas or for self-massage at home. Use Herbal Bathing Powder as body cleanser for best results.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.

PIPPALYADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : Useful in Piles [Dry and Bleeding both]

Indication : Prescribed for Vasthi (application of oil thro'anus) for all complaints of obstruction of stool and air, commonly seen in piles patients, cures piles complaint and correct s motion.

Applications : Arsas (haemorrhoids).

Note : External use only.

Dosage - Local application and for vasti.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.



KUMKUMADI THAILAM (Herbal Massage Oil)

Ref. Text - (CHARAK SAMHITA : CHAP. 5)

Action : Lightens complexion. Makes skin fair. Add radiance to the skin. Removes pimples (acne), blemishes, scars and wrinkles. Reverses sun tan. Treats patchy skin.



Indication : Good for acne, reduces the pigmentation. Good for Black & White Heads. Removes the dead skin, rejuvenates and nourish the skin of the face. Daily use of this will uplift the face with a glow of the skin.

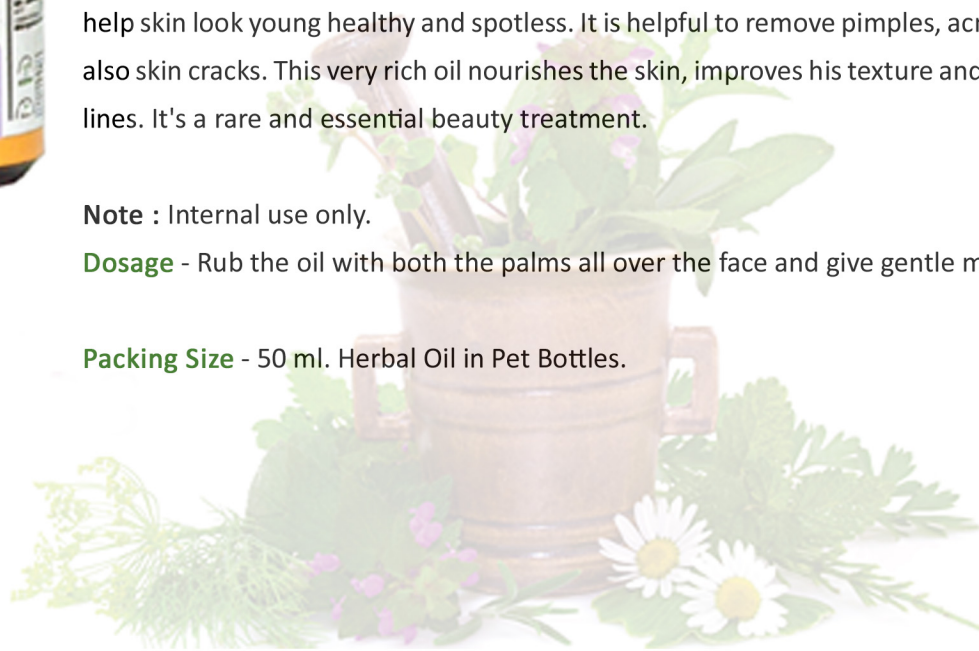
Application: Before going to sleep wash your face and wipe it.

Applications : Kumkumadi is a unique blend of oils and herbs with pure saffron formulated to help skin look young healthy and spotless. It is helpful to remove pimples, acne, dark spots and also skin cracks. This very rich oil nourishes the skin, improves his texture and help smooth fine lines. It's a rare and essential beauty treatment.

Note : Internal use only.

Dosage - Rub the oil with both the palms all over the face and give gentle massage.

Packing Size - 50 ml. Herbal Oil in Pet Bottles.



SAHACHARADI THAILAM (Herbal Massage Oil)

Ref. Text - (SAHASRAYOGAM)

Action : This oil is anti-inflammatory and anti-rheumatic and is excellent for muscles and as a pain reducer (it's great for people of old age). It helps heal tremors and convulsions, gynecological diseases and muscle or nerve damage. This oil is especially good for Vata and Kapha types.

Indication : Anti Rheumatic, Anti Inflammatory Indication : Tremor, Convulsions, Wasting, Mental disorders, Gynaecological diseases.

Applications : in all types of Vatha diseases especially related to lower limb.

Note : Internal use only.

Packing Size - 450 ml. Herbal Oil in Pet Bottles.

